

[<Back](#) [Print](#)Having trouble viewing this email? [Click here](#)

January 9, 2009

Big Brothers Big Sisters

Michigan Capital Region

E-Newsletter

[Forward to a friend](#)

"Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others."

~ Danny Thomas

In This Issue...

- **BIG News!:** National and Michigan Mentoring Month, "Change Begins With Me" Contest to Win Inauguration Tickets, Families Helping Families Series and 55 Men in 55 Days Conclusion
- **Save the Dates!**
- **Just For Matches:** Free Tickets for MSU Hockey and Men's & Women's Basketball, Wharton Center productions
- **Things To Do** in the Community
- **FAQ:** Cell Phone Etiquette

BIG News!

National and Michigan Mentoring Months

January is National Mentoring Month and Michigan Mentoring Month, so get ready to advocate and celebrate. Mentoring Month is a chance to celebrate the everyday, ordinary people who are making a difference for kids through mentoring relationships. We have two special events planned for us and our Littles to thank all of our Big Brothers and Big Sisters for changing lives in simple but impactful ways:

- **January 22 ~ "BIG" Appreciation Reception** at Tripper's in Frandor ([map](#)). Bigs, January 22 is National 'Thank Your Mentor' Day, so let us thank you for all that you do for your Little. Feel free to bring an adult guest for mingling and appetizers from 6 - 8 p.m. *Thank you Tripper's for hosting the reception.* Please R.S.V.P. by January 21 call (517) 372-0160 or toll free (877) 483-7145.
- **January 25 ~ Match Activity:** Littles, Show your Big your appreciation by treating her/him to free ice skating at the Summit at the Capital Centre ([map/directions](#)) from 2 - 3:45 p.m. Players from the MSU hockey team will be in attendance to meet Littles and help those new to ice skating. *Thank you to the Summit for hosting us.* Please call us to R.S.V.P. (517) 372-0160 or toll free (877) 483-7145.

You'll find more information about National Mentoring Month at [Mentor 's Web site](#) and more information about Michigan Mentoring Month at [Mentor Michigan's Web site](#). Of course, make sure to check out the E-News in January for updates on special celebrations, activities and ways to raise awareness for National Mentoring Month, Michigan Mentoring Month, and Big Brothers Big Sisters.

"Change Begins With Me" Contest - Great Opportunity to Win Tickets to Presidential Inauguration

As part of their "Change Begins With Me" Campaign, two national non-profit organizations, Innovations in Civic Participation and the Case Foundation, are offering an opportunity to win a trip to the 2009 Presidential Inauguration. The deadline to enter is January 12 at 3:00 p.m.

Visit www.casefoundation.org/change to describe, in 250 characters or less, what you will do to bring about change in your neighborhood, your community or your nation. The winner will receive a trip to Washington, D.C. to be part of the Martin Luther King, Jr. Day of Service and inaugural celebration events, including two tickets to the official inauguration of President-elect Barack Obama.

Families Helping Families Series

The National Alliance on Mental Illness of Lansing (NAMI), in partnership with Community Mental Health, will be offering a 10-session educational series, Families Helping Families, beginning January 14.

The group meets each Wednesday from 7 - 9 p.m. at the Sparrow Professional Building. Each night focuses on a different topic including the following:

- What Families Want and Need
- Recovery: Process of Hope
- Signs and Symptoms
- Medications
- Dual Diagnosis
- Case Management/Community Resources
- Stress
- Communication Skills
- Dealing with Difficult Situations
- Supporting Recovery

Please contact NAMI at (517) 485-4049 if you have any questions.

55 Men in 55 Days

Thank you to all who helped us reach of our goal of recruiting 55 men in 55 days! The recruitment campaign may have ended, but the need for Big Brothers is constant. We're always looking for volunteers, and we appreciate your continued support.

Save the Dates!

- **January 19 ~ Martin Luther King Jr. Day of Service.** If you're planning to participate in a service activity this day, tell us about it! We'll let other matches know and see if they'd like to join you.
- **January 22 ~ National Thank Your Mentor Day**
- **January 22 ~ "BIG" Appreciation Reception** at Trippers in Frandor. See BIG News! section.
- **January 25 ~ Match Activity** at the Summit. See BIG News! section.
- **April/May ~ Bowl For Kids' Sake.** Stay tuned for more information on this fundraiser.
- **July 20 ~ Golf For Kids' Sake** at Hawk Hollow Golf Course.

Just For Matches

MSU Women's Basketball Tickets

Michigan State University Women's basketball tickets are available for the January 29 home game against Iowa at the Breslin Center at 7 p.m. Matches interested in the game should call (517) 372-0160 or (877) 483-7145 by Monday, January 26. Thank you to Grand Ledge Ford for providing tickets.

MSU Men's Basketball Tickets

Michigan State University Men's basketball tickets are available for all home games for the season ([complete schedule](#)). Upcoming games are:

- Jan. 17 against Illinois at 4 p.m. Matches interested in the game should call (517) 372-0160 or (877) 483-7145 by Jan 14.
- Jan. 21 against North Western at 6:30 p.m. Matches interested in the game should call by Jan 16.
- Feb. 1 against Penn State at 12:00 p.m. Matches interested in the game should call by Jan 28.

Thank you to Gary A. Smith for providing tickets.

MSU Hockey Tickets

Tickets are available for all MSU home hockey games in the new year ([complete schedule](#)). Upcoming games are:



- Feb. 6 against Ferris State at 7:35 p.m. Matches interested in the game should call (517) 372-0160 or (877) 483-7145 by Feb 3.
- Feb. 13 against Ohio State at 7:05 p.m. Matches interested in the game should call by Feb 10.
- Feb. 14 against Ohio State at 5:05 p.m. Matches interested in the game should call by Feb 10.

Thank you Orchid Orthopedic Solutions, LLC for donating the tickets.

Keiko Matsui/ Tiempo Libre at the Wharton Center

Tickets are available to see Latin jazz band Tiempo Libre at the Wharton Center at 7:30 p.m. on Thursday, January 22 and jazz pianist Keiko Matsui at 8 p.m. on Friday, January 23. Interested matches should contact the office at (517) 372-0160 or (877) 483-7145 by Monday, January 19 if interested. Thank you to Judy Green for donating the tickets.

Things To Do!

Community Events

January 11 ~ Grand Ledge ~ Accafellas and Russell Nebelung Concert at 3 p.m. at the Grand Ledge Opera House. [Information here.](#)

January 11 ~ Lansing ~ Winter Gifts for the Animals Enrichment Day at Potter Park Zoo, free from 1 - 3 p.m. Visit the zoo and notice some unusual items in several of the animal's exhibits as the zoo staff recycles the Wonderland of Lights trees. Parking also free. More information at (517) 483-4222.

January 13 - February 10 ~ Lansing ~ Creative Drama classes at BoarsHead Theatre. For children ages 5 - 8, \$5/residents and \$10/non-residents. 5 sessions, parents/guardians encouraged to participate. This workshop will combine elements of storytelling and traditional theater games and is specifically designed for the younger child. Held at the Foster Community Center. Call (517) 484-7805.

January 17 ~ East Lansing ~ Teen Advisory Board. From 3 - 5 p.m., join other teens at the East Lansing Public Library in making valentines for Veterans, people in hospitals, nursing homes, and anyone else who needs something to brighten their day. (517) 351-2420.

January 17 ~ Ionia ~ Winter Blast Skate at Ionia Skateland from 7 - 11 p.m. Shake off winter blahs at Ionia Skateland, admission is \$8. More information at (616) 527-0240.

January 17 ~ Lansing ~ Game On at the Capital Area District Library downtown location from 2 - 4 p.m. Wii bowling, golf and more, as well as Mario Kart, Dance, Dance Revolution and Karaoke! Registration required by calling (517) 367- 6367.

January 17 ~ Lansing ~ Special Presentation: "Let Freedom Ring" by the Michigan Opera Theatre at the Foster Community Center at 11:30 a.m. The African-American experience is chronicled through song, dance and the spoken word. Free, seating on a first-come basis.

January 22 ~ East Lansing ~ Warm Up To Michigan will be at Spartan Village from 6 - 7 p.m., free. The East Lansing Public Library will be collaborating with MSU, the Family Resource Center and other local organizations to bring you the best of Michigan - places to go, state history, crafts, refreshments and much more! (517) 351-2420.

January 22 - 25 ~ East Lansing ~ 2009 Family RV Show at the MSU Agricultural Pavilion. Check out the new lines in RV travel. [Information here](#).

January 24 ~ Lansing ~ The Cardboard Classic Sled Contest. WLNZ hosts this family-fun event at Gier Park. Show your creativity by constructing your own sled out of cardboard, tape, glue and paint. \$5/person, funds go to support WLNZ programming and Lansing Parks and Recreation. [Click here](#) and scroll to the middle of the page to see some pictures from last year's event. For more information or to sign up, call (517) 483-1710.

January 25 ~ East Lansing ~ Amazing Animals: Lizards at the East Lansing Public Library. Why are there so many different animals? Why are males different from females? Learn the answers with lizards! Live lizards and the experts that study them in the Caribbean will show how the behaviors of lizard species differ from each other and more from 2 - 4 p.m. (517) 351-2420.

The **Book Burrow at the Capital Area District Library** sells used books for anywhere between \$0.50 and \$3. [Click here](#) and scroll to bottom of page for more information.

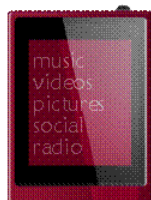
Abrams Planetarium in East Lansing is now showing solar system presentations on Friday, Saturday and Sunday afternoons. [Click here for more details](#).

Washington Park Ice Skating Complex

Public skate available 7 days a week Saturday and Sundays 3:15 - 4:45 p.m. and 5 - 6:30 p.m., call for weekday schedule. Cost is \$4 for adults, \$3 for children. Skate rental \$2. (517) 483-4232.

Frequently Asked Question

Cell Phone Etiquette



Recent statistics indicate that one of every three Americans owns cell phones, and your Little may be one of them. Consider having a discussion with your Little about proper cell phone etiquette, and if you have a cell phone, remember to model the

behaviors you two discuss. Here are some conversation starters:

- What is the origin and purpose of the cell phone?
- How can you receive messages without hearing a ring?
- What can be done without a cell phone?
- What are the proper etiquette and the established rules for use of a cell phone in the following locations: home, school, on a plane, on the street, in a car, while talking to someone else in person, at a job interview, in an emergency or in the movie theater?
- What is the difference between keeping a cell phone as an emergency or for fun and simple pleasure?
- When is a good time for someone to have a cell phone? When isn't?
- What does a cell phone cost to purchase? What about monthly costs?
- How do people pay for cell phones?

If you have a question about being a Big, chances are someone else has it too. Send it to megan.bensette@bbbs.org and look for it answered in future editions of the E-news!

The FAQ column is not a substitute for match support. Please remember to return monthly calls from Match Support Staff. Your Case Manager is available Monday - Friday by calling (877) 483- 7145.

Match Support

Monday - Thursday until 7 p.m.
Friday from 8 a.m. to 5 p.m.
(517) 372-0160 or toll free at (877) 483-7145.

Or send an e-mail to 0196matchsupport@bbbs.org.

Resources for Matches!

[Just for Matches activities](#)

[Bonus Program discounts](#)

Contact Information

email: 0196info@bbbs.org
phone: (877) 483-7145 or (517) 372-0160
web: <http://www.bbbs.org/michigancapitalregion>

Join our mailing list!

[Forward email](#)

 **SafeUnsubscribe®**

This email was sent to megan.bensette@bbbs.org by 0196info@bbbs.org.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Big Brothers Big Sisters Michigan Capital Region | 1235-A Center Street | Lansing | MI | 48906